

# wellness policy

Children who show any visible signs of illness should not be allowed in our children's environments. If you, your child, or anyone in your household have experienced any of the symptoms below in the last 14 days, or have been quarantined pertaining to COVID-19, we are asking that you do not attend.

Upon the recommendation of the Committee on Control of Infectious Diseases of the American Academy of Pediatrics, a child should not be taken from the home when any of the following conditions exist:

- \* Fever of 100.4 or higher (and must be fever free for 36 hours) or if anyone in your household has had a temperature over 100.4
- \* Wheezing or shortness of breath
- \* Persistent and/ or productive cough or sore throat
- \* Constant runny nose (cloudy or green)
- \* Diarrhea, vomiting, stomachache (even associated with teething and/ or medication)
- \* Pink eye or other eye infections
- \* Undiagnosed rashes
- \* Extreme fatigue/ lethargy
- \* Any symptoms of common childhood diseases, such as chickenpox, strep throat, flu, hand foot and mouth disease, head lice, or any other infectious or contagious disease

We require that a child be free of fever for 36 hours  
When in doubt, please apply the "Golden Rule". Adherence to this policy is important to protect the health of all children and volunteers in our care.

